

2025 Bereavement support groups

January-June In-person support groups

2nd Wednesday of the month 10:30 a.m. – 12:00 p.m.

Location:
Henry Ford Macomb Hospital
Medical Pavilion – 4th Floor Meeting Room #6
16151 19 Mile Road
Clinton Township, MI 48038

Monthly: 1/8, 2/12, 3/12, 4/9, 5/14, 6/11

3rd Tuesday of the month 1:00 p.m. – 2:30 p.m.

Location:
Virtual via WebEx

Monthly: 1/21, 2/18, 3/18, 4/15, 5/20, 6/17

4th Friday of the month 10:00 a.m. – 11:30 a.m.

Location:
17333 Federal Drive, Suite 260
Allen Park, MI 48101

Monthly: 1/24, 2/28, 3/28, 4/25, 5/23, 6/27

SandCastles children's grief support program

SandCastles offers services in Oakland, Macomb and Wayne counties, as well as virtually. Call **313-771-7005** or email sandcastles@hfhs.org for more information.



Henry Ford Hospice bereavement services

Offers bereavement support to hospice family members, caregivers and anyone in the community 18 years or older who has experienced the loss of a loved one.

Program offerings include:

- Periodic phone calls
- Monthly newsletters
- Support groups
- Grief education
- One/one support is determined on an individual basis.
- Memorial services
- Community resources/referrals

In general, services last for 13 months, but support can be extended or discontinued. These services are free, with no cost to you.

To learn more about these services please call **586.276.9570** or go to henryford.com/services/at-home/hospice/support.

Henry Ford provides qualified interpreters and other aids and services for the deaf and hard of hearing at no cost.

To request assistance, call Henry Ford bereavement services at 586.276.9570.

A three-day notice is required when requesting an interpreter.

Behavioral and mental health treatment

General helplines

1. National Suicide Prevention lifeline (24/7) call or text 988
2. Veterans Crisis hotline: (24/7) 1.800.273.8255, press 1
3. Crisis helpline: Text "HOME" to 741741
4. Common Ground Crisis helpline 1.800.231.1127 or 248.456.1991
5. National Alliance on Mental Illness (NAMI) helpline: 1.800.950.6264
Open Monday – Friday, 10:00 a.m. – 10:00 p.m. EST
6. Macomb County Crisis line: 586.307.9100
7. Oakland County Crisis line: 248.456.1991
8. Wayne County Crisis line: 1.833.55.REACH or 1.833.557.3224, Text #63288

Online

Compassionatefriend.org

Griefshare.org

Whatsyourgrief.com

Google Bereaved Parents USA to find a local chapter.

New Hope Center for grief support

248.348.0115

Henry Ford Health behavioral health services

Southeast Michigan 1.800.422.1183

South Central Michigan 1.800.531.3728

Agencies that are free or income-based

1. Wayne State University Psychology Clinic
5229 Cass Ave. Detroit MI 48202
313.577.4840
2. The University of Detroit Mercy Counseling Clinic
4100 West McNichols, Reno Hall Room 141, Detroit, MI 48221
313.993.1093
Email: counselingclinic@udmercy.edu
3. Eastern Michigan University Psychology/Community Based Behavioral Clinic
1075 North Huron River Drive Ypsilanti, MI 48197
734-487-4987
Email: psychclinic_admin@emich.edu **May have a small fee.*
4. Oakland University Counseling Center
Graham Health Center East Wing, 408 Meadow Brook Road, Rochester, MI 48309
248-370-3465
5. University of Michigan Psychology Clinic
Mary A. Rackham Institute (MARI), 210 S. 5th Ave. Ann Arbor, MI 48104
734-615-7853
Accepts insurance. May offer financial assistance, see website.